

Product Information: PediaSure® Grow & Gain Therapeutic Nutrition Shake

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

PediaSure® Grow & Gain Therapeutic Nutrition Shake

Complete, Balanced Nutrition®

- 1 PEDIASURE GROW & GAIN is clinically proven* nutrition to help kids grow and is a nutritious supplement for kids falling behind on growth.^{1,2,3,4,5,6}
- 1 For oral or tube feeding.
- 1 May be used as the sole source of nutrition or as a supplement.
- 1 Use under medical supervision.
- 1 A source of complete, balanced nutrition especially designed for children 1 to 13 years of age.
- 1 Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 1-8 years of age in 1000 Cal (1000 mL), and for children 9-13 years of age in 1500 Cal (1500 mL).
- 1 Vitamin D, calcium and phosphorus for strong bones.
- 1 DHA (32 mg per 8 fl oz) and lutein to support the brain and eyes.^{7,8}
- 1 Antioxidants (vitamins C & E and selenium) to support the immune system.
- 1 No artificial growth hormones.[†]
- 1 #1 Pediatrician recommended brand.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not intended for infants under 1 year of age unless specified by a physician.
- 1 Not for IV use.
- 1 Not for children with galactosemia.

* Studied in children at risk for malnutrition.

† No significant difference has been shown between milk derived from rbST-treated and non-rbST-treated cows.

¹ Akram DS, et al. *J Pak Med Assoc.* 2000;50:377-380.

² Alarcon PA, et al. *Clin Pediatr.* 2003;42:209-217.

³ Fisberg M, et al. *Int Pediatr.* 2002;17:216-222.

⁴ Morales E, et al. *J Am Diet Assoc.* 1991;91:1233-1238.

⁵ Ramstack M, et al. *J Parenter Enteral Nutr.* 1991;15:89-92.

⁶ Huynh DT, et al. *J Am Hum Nutr Diet.* 2015;28:623-635.

⁷ Lauritzen L, et al. *Prog Lipid Res.* 2001;40:1-94.

⁸ Krinsky NI, et al. *Annu Rev Nutr.* 2003;23:171-201.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Sugar, Blend of Vegetable Oils (Canola, Corn), Milk Protein Concentrate, Soy Protein Isolate, Nonfat Milk. Less than 0.5% of: Vitamins & Minerals (Calcium Carbonate, Potassium Phosphate, Potassium Citrate, Potassium Chloride, Magnesium Phosphate, Ascorbic Acid, Choline Chloride, Calcium Phosphate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12), Natural & Artificial Flavor, Cellulose Gel, Tuna Oil, Soy Lecithin, Monoglycerides, Cellulose Gum, Salt, Carrageenan, Potassium Hydroxide, Inositol, Taurine, Stevia Leaf Extract, Monk Fruit Extract, L-Carnitine, and Lutein.

Allergens: Contains milk and soy ingredients.

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Availability

List Number	Item
67522	PediaSure Grow & Gain TN Vanilla / 8 fl oz (237 mL) Can / 24 ct
67523	PediaSure Grow & Gain TN Chocolate / 8 fl oz (237 mL) Can / 24 ct
67525	PediaSure Grow & Gain TN Strawberry / 8 fl oz (237 mL) Can / 24 ct
67527	PediaSure Grow & Gain TN Banana / 8 fl oz (237 mL) Can / 24 ct
67533	PediaSure Grow & Gain TN Vanilla / 8 fl oz (237 mL) Bottle / 24 ct
67535	PediaSure Grow & Gain TN Chocolate / 8 fl oz (237 mL) Bottle / 24 ct
67537	PediaSure Grow & Gain TN Strawberry / 8 fl oz (237 mL) Bottle / 24 ct

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Protein, g	7	
Fat, g	9	
Saturated Fat, g	1	
Trans Fat, g	0	
Polyunsaturated Fat, g	2.5	
Monounsaturated Fat, g	4.5	
Cholesterol, mg	5	
Carbohydrate, g	33	
Dietary Fiber, g	<1	
Total Sugars, g	12	
Added Sugars, g	11	
L-Carnitine, mg	4.0	
Taurine, mg	18	
Water, g	200	
Calories	240	
Vitamin A, mcg RAE	140	
Vitamin D, mcg	6.0	
Vitamin E, mg	3.0	
Vitamin K, mcg	18	
Vitamin C, mg	23	
Folate, mcg DFE	60	
Folic Acid, mcg	36	
Thiamin (Vitamin B1), mg	0.30	
Riboflavin (Vitamin B2), mg	0.33	
Vitamin B6, mg	0.34	
Vitamin B12, mcg	0.48	
Niacin, mg NE	3.2	
Choline, mg	80	
Biotin, mcg	8.0	
Pantothenic Acid, mg	1.3	
Inositol, mg	20	
Sodium, mg	90	
Potassium, mg	470	
Chloride, mg	230	
Calcium, mg	330	
Phosphorus, mg	250	
Magnesium, mg	40	
Iodine, mcg	23	
Manganese, mg	0.46	

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Copper, mg	0.14	
Zinc, mg	1.7	
Iron, mg	2.7	
Selenium, mcg	8.0	
Chromium, mcg	9.0	
Molybdenum, mcg	9.0	

Preparation

Instructions for Use:

- 1 Shake well. Best served chilled.
- 1 Store unopened at room temperature.
- 1 Clean top of container thoroughly before opening.
- 1 After opening, refrigerate and **use within 48 hours.**

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